

# Florida Trip Information

Cost: **\$225** (includes bus, hotel, race fees and park tickets)

Please make checks payable to: **Duluth HS Runners Club** and return to Coach Fairchild.

Important Cell Phone Numbers	
Chaperones	
Coach Fairchild	678-571-9593
Coach Wilson	678-697-5601
Rich Brown	678-699-3290
Coach Wright	404-434-5841
Christina Wells	678-778-6922

## Hotel Information

<b>10/15</b> Days Inn - Melbourne 4500 W New Haven Ave Melbourne, FL, 32904 866-539-0036	<b>10/16</b> Days Inn – West of Busch Gardens 2901 E. Busch Blvd Tampa, FL 33612 813-933-6471
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## Itinerary

### Friday (October 15)

Arrive at Duluth High School normal start 7:15  
Report directly to the Old Gym  
Bus departs for Melbourne @ 7:45 AM  
Arrive in Melbourne around 6:00 PM  
Dinner out

### Saturday (October 16)

Bus ride to Holy Trinity Academy, Melbourne, FL (20 minutes)  
11th Annual Holy Trinity Fall Classic @ Holy Trinity Academy  
Bus to Beach  
Bus to hotel in Tampa (2 hours)  
Howl-O-Scream Night at Busch Gardens

### Sunday (October 17)

Busch Gardens Theme Park until 6:00 PM  
Bus departs for Duluth  
Arrive Duluth High School 1:00-2:00 AM

# Suggested Packing List

## Race Gear

Cross Country UNIFORM  
Running shoes/spikes/2 pairs of socks  
Small bag for "race stuff"  
Warmups

## Trip Gear

4 pairs of shorts  
4 pair of socks  
1 pair jeans/long pants  
4 t-shirts, 2 light weight for theme park day, light colors  
Bathing suit and cover up  
Sandals  
Hat  
Sunscreen  
2 sets of comfortable (loose fitting) clothes for bus, may need jacket if chilled easily  
2 sets of sleep-wear  
Undergarments  
Pillow

Personal care items (special soap if necessary), contacts/glasses stuff, hair care products, deodorant, dental products

Medication: pack 2 sets in separate places (note from Doctor???)

## Miscellaneous

### Books and Homework

Entertainment on bus rides: books, magazines, playing cards, music devices, etc  
Disposable cameras

### Books and Homework

Zip lock baggy for wet clothes

Cell phone charger

### Books and Homework

Batteries (for everything they bring)

Snacks and drinks - pack what you can, much cheaper than vending machines in hotels.

### Books and Homework

Send snacks to share on the bus

<b>Money needed:</b>	
<b>Saturday/Sunday breakfast provided at hotel</b>	
5 Fast food meals (\$10 per meal)	\$50
1 meals in theme parks (\$20-25)	\$25
Vending machines/snacks in park	\$15
Souvenir Money	\$XX
A little extra just in case	\$20